



# SHANTI NEPAL

An organization for wholistic transformation

## Monthly Newsletter

February 2016

Magh/Falgun 2072

God is the head of this organization because he is the ultimate reason of its existence.

### NFSP Survey

Nutrition and Food Security Project has been running in six VDCs, Jogimara, Dhusha, Benighat, Gajuri, Pida and Mahadevsthan, in the southern part of Dhading district since 2014. The project aims to improve the nutritional status and food security of Chepang communities especially women and children under five. The key problems of the communities are unawareness, inadequacy of appropriate agricultural land and unmanaged habit of food intake. SN surveyed 261 households for effective evaluation of various activities on nutrition health.



Ms. Shobha Chepang, Community Field Officer weighing and taking arm measurement of a child



### Sanitation Orientation

SN conducted sanitation orientation program for ward level sanitation committee in January at Darkha and Tipling VDCs. Ms. Esther Tamang, Community Health Facilitator facilitated on different topics of health and environmental sanitation. 77 participants acquired the knowledge on sanitation.

### Material Support

SN CHEP distributed toilet materials to 864 earthquake affected households at Dhusha, Gajuri, Benighat and Darkha VDCs in January. The distributed materials were toilet pan, 4 inch and 2 inch pipe, cement, rod and welding wire. 50% of households are benefitted while other toilets are still under construction.



Institutional toilet under construction

### Annual Review Program

SN organized annual review program of different activities which was held on 2015 at Gajuri VDC. The program was conducted in the chairmanship of Gajuri VDC Secretary, Mr. Man Chandra Dharala where 45 people including the representatives of different government offices, local active political parties, mothers group of targeted communities and CDG (Community Development Group) representatives. SN CHEP staff presented the various program issues.

### Devotion



- Ms. Tabita Khawas  
General Member/Former SN staff  
2 Corinthians 3:18

The goal of a Christian life is to become like Christ. Just making goal or thinking of it often is not sufficient and cannot be achieved either. It needs a lot of effort. As we all claimed to be His followers, our work, behavior and language must have the essence and flavor of Christ.

To achieve Christ-like goal, we must do two major things.

1. **Accept** – As Bible said that all have sinned and fell short of glory of God. All make mistakes. Making mistakes makes us human. However, accepting and realizing it makes us move one step further.
2. **Improve** - Accepting and realizing the mistakes will not bring fruit unless and until we improve those mistakes by any possible means. Improving the mistakes is repenting not repeating and repentance is complete 'U' turn from where you were heading (wrong ways).

When we accept the mistakes and improve it by repentance then God will **transform** our lives into the life He always longs to see. We see Apostle Paul in the New Testament how his life was transformed when he accepted his wrong doing and repented before Jesus. This transformation is the glory of God given by the Holy Spirit to every believers who accepts and improve daily with Jesus Christ.

## Testimonies from Earthquake Victims

Powerful earthquake hit Nepal on 25 April and 12 May 2015, with devastating impact. People mostly lost their lives while many others lost their homes and possessions. After the disastrous incident, Shanti Nepal managed to response on earthquake relief in its every possible way. Here are some testimonies/stories; we have received from the beneficiaries-earthquake victims.

1. My name is Bishnu Kumari Chepang, 50 years old from Naubise VDC-9, Dhading. I have seven children. My husband died three years ago. I managed to raise children by working in the house of my landlord since 28 years. I was living in my landlord's land but massive earthquake of 25 April totally collapsed my shelter along with landlord's house. My landlord received Zinc sheets and cash from non-government organizations whereas I didn't and the reason was that one should show and submit the land and house ownership certificate. My old tent, which I received immediately after earthquake, got torn by frequent raining; leaving me behind wet stay. Whenever I went for queue to receive relief materials thinking that someone would give in sympathy but nobody came forward to help me. I was totally hopeless thinking that who would support the poor and introvert person like me. But my all thoughts got twisted when Shanti Nepal supported me giving bundle of zinc sheets. I'm very happy and hearty thanks to Shanti Nepal that I now can joyfully stay in my new shelter. I'm now relief and feel protected from both rain and sun. My best wishes to Shanti Nepal for its success in its endeavor.



2. My name is Moti Maya Tamang, 47 years old from Lapa VDC-6. I've two children. I was living happy life with family in my small home working in fields which gives me plenty of foods. Disastrous earthquake of 25 April fully collapsed my house and food storage but was able to be safe. It was difficult to meet neighbors due to dry landslide. To get food and safe shelter, I migrated to Dhola VDC-7, Dhading on 23 July 2015. But problem did not end. Moreover, the remembrance of my collapsed house and the frequent aftershock (tremor) has made me more mentally ill; like I used to be afraid and weird thinking about the earthquake. A temporary toilet was constructed after earthquake but not so safe and hygienic and it may causes the high risk of diarrhea. And the drinking water storage was not available. Shanti Nepal got to know the deprived condition and built 12 rooms concrete toilets in the communities and distributed 2 water tank for water storage. I personally also got hygiene materials like bucket, Gallon, Jug, soap bar, water purifying-Piyush etc. I am very much thankful to Shanti Nepal who supported me in my distressed situation and comfort not only me but whole communities by giving relief materials and strength to overcome mental stress by counseling. It is the feeling like SN has soothed my wound. Now I am happy and busy in the construction work in road, it helps me move ahead in life forgetting everything caused by devastating earthquake.



## Prayer Issues

### Our Project and Organization

1. Successful recruitment of Program Coordinator-Livelihood & Empowerment for CHEP, Dhading.
2. Successful Social Welfare Council approval of new and existing projects for 2016.
3. After earthquake, Shanti Nepal got few partners to work in different project, As the projects are increased so the staff's work. Pray for all the SN staff for their effective and efficient work.
4. Smooth operation of SN projects, Community Health & Empowerment Project (CHEP), Dhading; Community Health Clinic (CHC), Makwanpur & Primary Health Care & Resource Center (PHCRC).

### Our Family and Friends

1. Krishna Man Shakya, Executive Director is in leave for Thailand and returning back to Nepal on 19 February. Pray for his safe journey.

### Nations and our Local Community

1. Former Prime Minister, Mr. Sushil Koirala died recently. May the Lord give the peace and comfort to the bereaved family.
2. May God give knowledge, wisdom, strength and mutual understanding to the political leaders and help them to work together. Let us continue to pray for peace and political stability in this current situation of our country.

## Thank You so much Lord

1. Successful partnership agreement with Concern Worldwide for WASH program.
2. Successful FELM DPAC (District Project Advisory Committee) meeting on 7 February.

### Next Monthly Prayer Meeting

**Date:** 4 March, 2016 (21 Falgun, 2072)  
**Day:** Friday  
**Time:** 7 am - 8 am  
**Venue:** Central Office of Shanti Nepal, Talchikhel, Lalitpur