



SHANTI NEPAL

An organization for wholistic transformation

Monthly Newsletter

September 2016

Bhadra/Asoj 2073

God is the head of this organization because he is the ultimate reason of its existence.

Visit Program

SN organized the visiting program for lactating mothers of Maldi, Dhola, Chainpur and Salang VDCs in August. Necessary information to the mothers and family were given on the benefits of delivering in health post, importance of mother's milk, taking care of mother and newly born child, regular vaccination and Growth Monitoring Scale. SN staff, Female Health Volunteers (FCH), local communities and chairperson of the mothers' group gave the various kinds of nutritious food like fruits, ghee, egg, local chicken etc. to each family for practical knowledge.



Mothers' group member giving nutritious food to mother

Nutrition Education Orientation

Nutrition education orientation program was conducted at six different VDCs, Jogimara, Dhusha, Benighat, Mahadevsthan, Gajuri and Pida in the month of August. The program was attended by 345 people where the nutrition status of the communities were identified, 3 films on nutrition was shown, 13 houses of the malnourished child were visited and nutrition education to the family and 20 Kgs super flour to 20 malnourished children were given. The training intended to improve the food security and minimize malnutrition in the communities. Health supervisors from respective VDCs facilitated the training

BPP Orientation

VDC level Birth Preparedness Program was conducted at Maldi, Dhola, Chainpur and Nalang VDCs in August. SN staff, Female Health Volunteers, and Health post staff facilitated the program on pregnancy, its risk symptoms, maternal check-up and the importance of health publicity to be done by the members of mothers group to minimize the risk of mother and infant death. 399 participants attended the program.

Health Education

Health education was conducted at Maldi, Khari, Nalang, Chainpur and Dhola VDCs in the month of August. SN staff facilitated on the respiratory disease and its prevention among children below 5 years old. Participants learned to identify the symptom of pneumonia and its home remedies.



Maldi Health Post Encharge, Mr. Trakeshwar Patel facilitating the program



Devotion

- Mr. Sharan Ruchal
Chairperson

In Deuteronomy 6:1-2, God taught Moses to teach his people the specific laws and order so that they would be prosper, succeed and live long life. Moses taught them all to follow throughout their lives exactly what God taught them to, generation to next generation and so on. In 2 Timothy 2:1-6, Paul taught Timothy on how to live Godly life.

Seeing both the scripture, we come across with some truth of learning and teaching. It's basically a lifelong process. One cannot just simply live without learning in life. Cease to learn is cease to grow. There are ample resources these days to learn anything anytime and anywhere. It's the only matter what are you learning. The contents of learning actually lead someone to particular destiny. The choice is yours.

As a true follower of Christ Jesus, we must learn from the counsel of God's word and the people and surroundings that are ideal and with good values. Where ever we are we can learn the good learning whether it could be the organization we are working, or could be the Church we are involved in, or could be the company or any place we are at.

However, learning alone is not sufficient. Learning without teaching them is like the coin without one side. Learning is more powerful when it is taught to the people around us. God's word actually pointing us to the truth – learn and teach. Jesus in Matthew 28:18-20 told his disciples to teach the things to the world he taught them. So, here also Learning and Teaching is so vital.

Jesus himself learned from the Father above and he taught them while in Ministry. Paul learned from the Holy Spirit and He taught them to Timothy, Silas, etc.

Learning is humbling oneself too, so Let's be ready to learn and teach to the people we love and care. The more we learn and teach the better we and our surroundings be.

Vegetable Farming Training

Five trainings on vegetable farming were conducted at five different VDCs, Jogimara, Dhusha, Mahadevsthan, Gajuri and Pida in August where 87 people participated. Participants acquired the information on the importance of vegetable farming, plastic tunnel construction and its farming procedure and integrated pest management system. SN staff, Mr. Suresh Sigdel, Agriculture technician facilitated the training. The training was organized to increase the income source and minimize the risk of malnutrition among children in the Chepang communities.



Farmers practicing vegetable farming nursery management

Thank You so much Lord

1. Fruitful participation of SN staff, Mr. Rajendra Chepang and Ms. Tina Subba in 2nd HimLead workshop at Anandaban Training Center, Lele, Lalitpur on 27-30 August.
2. Fruitful Social Behavioural Change Communication (SBCC) workshop on 23-25 August in the partnership with MTI (Medical Teams International).



HimLead Participants with facilitators

Goat Farming Training

Two days training on goat farming was conducted at Chainpur and Muralibhanjyang VDCs in August where 54 people participated. Participants learnt the condition of goats, importance and necessity of goat farming, kinds and features, food and barn management, health safety and medication of goat. The training aims to increase their income source through goat farming. The training was facilitated by SN JTA, Veterinary, Mr. Uddab Chepang.

Management & Strengthening Training

To conduct the health service in Chainpur Health post more effectively, two days training on management and strengthening training was organized for 14 members of Health post management committee at Chainpur VDC on 15-16 August 2016. Health officials from District health office facilitated the training in which the ongoing work of health post was reviewed and future work plans for effective services were made.



Participants

Account Management Training

Account management training was conducted among mothers groups at three VDCs, Khari, Maida and Nalang in August. 86 participants were able to manage to keep accounts, realization of debt and investment of group and monthly income saving.

Seed Distribution

SN distributed various kinds of seasonal seeds to 345 farmers of Chainpur and Dhola VDC to promote the vegetable gardening in August 2016. Seeds were distributed 600 gram per person.

Material Support

SN supported daily consumption materials like clothes, food etc. to three ultra poor family of Nilkantha municipality and Pida VDC in August.



Happy woman after receiving the materials

Prayer Issues

Our Project and Organization

1. Timely & effective starting of earthquake recovery project with MCC Nepal.
2. Fruitful Organizational Capacity Assessment (OCA) by MTI from 18-22 September 2016.
3. Good preparation of upcoming Annual General Assembly on 25th September 2016.
4. Good implementation of building project and future planning of PHCRC, Chapagaun.
5. Timely completion of monitoring report by SWC (Social Welfare Council).
6. Timely audit of PHCRC (Primary Health Care & Resource Centre), Chapagaun, Lalitpur and CHC (Community Health Clinic), Bhaltar, Makwanpur.

Our Family and Friends

1. Bishnu Maya Thapa, mother in law of Tina Subba, SN staff, is suffering from respiratory problem. Please pray for her good health.

Nations and our Local Community

1. Pray for Prime Minister, Mr. Pushpa Kamal Dahal as he is now the Prime responsible person in this nation for peace, reconciliation and people's basic need.
2. May God give knowledge, wisdom, strength and mutual understanding to the political leaders and help them to work together. Let us continue our prayer for peace and stability in this current situation of our country.

Next Monthly Prayer Meeting

Date: 7 October, 2016 (21 Asoj, 2073)
 Day: Friday
 Time: 7 am - 8 am
 Venue: Central Office of Shanti Nepal, Talchikhel, Lalitpur