



SHANTI NEPAL

An organization for wholistic transformation

e-Newsletter

March 2017

फाल्गुन/चैत्र २०७३

God is the head of this organization because he is the ultimate reason of its existence.

Safe Motherhood Fund Support

Safe motherhood fund support program has been started in nine villages of Dhola VDC from February. The main objective of the program is to financially help the pregnant women and children under 5 years old of Dhola VDC. To reduce maternal and neonatal mortality and morbidities, SN has distributed Rs. 5000 each to nine mothers' group of Dhola VDC for endowment fund



Mothers' group member receiving endowment fund support

establishment. It was decided to assign the interest rate according to the decision of mothers' group. The program was facilitated by IERP (Integrated Earthquake Recovery Project) Project Coordinator, Community Health Facilitator and Dhola Health Incharge.

Home Visitation Program

Home visitation program for lactating mothers was organized in six project VDCs, Maidi, Dhola, Chainpur, Salang, Nalang and Khari of Dhading district under MNCH (Maternal & Newborn Child Health) project in the month of February. This program intended to promote healthy mothers, babies and families by evaluating on pregnancy, woman's health, infant health and child development. 30 mothers were visited in the active involvement of FHV (Female Health Volunteers), Chairperson of the local mothers' group and SN CHF (Community Health Facilitator). They gave information on various suggestions on benefits of delivering in health post, breast feeding, regular vaccination and growth monitoring scale. Mothers were happy to receive the various kinds of nutritious food like fruits, ghee, egg, local chicken etc. from the visitors.



Mother receiving nutritious food from Dhola VDC-1 Mothers group

Hygiene Promotional Activity

SN conducted hygiene promotional education program at the schools of Chainpur, Gajuri, Kumpur and Dhola VDCs in February. 434 students learned to wash hand and brush teeth in proper way. They made the commitment to teach their family members to properly brush teeth every twice a day and wash hand. They started to manage the wastages of school premises every Friday of a week.

Nutrition Education Orientation

4 Group Education Orientation program on local food and nutrition value was conducted at Benighat, Jogimara and Mahadevsthan VDCs in February. The objective of the program is to enable the target communities to acquire the knowledge about the nutritional qualities of the foods they consume and to be protected from inaccurate processed foods. 91 mothers knew the benefits of eating food that was grown or produces in their own field which contains a higher nutritional value. They made the commitment to feed their family from own produced vegetables rather than buying from outside to improve the nutrition level of their family.

Donor Monitoring Visit

SN donor, MTI (Medical Teams International), USA performed a monitoring visit to Nalang and Salang, northern VDCs of Dhading district where they visited outreach clinic, health post and had a interaction with the mothers' group regarding maternal & newborn child health care. Mothers' group welcomed the guests with health related awareness song and various activity program.

Mothers group members welcoming guests by performing dance



MTI representatives and SN Executive Director (right side) with mothers' groups

BPP Orientation

BPP (Birth Preparedness Plan) orientation workshop was conducted at Maidi, Dhola, Chainpur, Khari and Salang VDCs in the month of February. The workshop was focused on an intensive care for pregnant women to ensure a better quality life and to provide better conditions for childbirth. 308 mothers were well informed about the importance of maternal check-up and the risk symptoms during pregnancy. SN CHF and Health

Participants of Chainpur VDC



Assistants from respective VDCs Health post facilitated the program. Participants made the commitment to promote health education to improve 100 % safe delivery and intensive care of child and mother.

Planning Workshop

SN facilitated planning workshop with disabled concern coordination committee of Nalang, Salang and Dhola VDCs in February. The workshop aims to identify the people with disabilities to make the life easier by supporting the necessary materials and establishing strong bond relationship within them. Annual work plan has been prepared and submitted to the respective VDC office.



Health Education

SN facilitated health education orientation program among the mothers' group of Sertung and Jharlang in February. The main purpose of the program is to increase the volume of pregnancy test and encourage them for institutional delivery. 129 participants learnt the importance of frequent checkup on pregnancy, vaccination and intake of iron pills.

ARI Health Education

ARI (Acute Respiratory Infection) Health Education was conducted at four VDCs, Maidi, Chainpur, Khari and Salang in the month of February. SN CHF, and Health Assistants from respective VDCs Health post facilitated on the respiratory disease and its prevention among children below 5 years old. 6 Health Education Programs were conducted in four VDCs where 238 participants learned to identify the symptom of pneumonia and its home remedies.

ANC Camp

SN organized 13 ANC (Ante-natal care) and PNC (Post-natal Care) camp at 6 VDCs, Khari, Nalang, Salang, Dhola, Maidi and Chainpur in February. 396 mothers' group members acquired the knowledge on the importance of ANC and PNC.



Ms. Bhawani Silwal, CHF, facilitating at Nalang VDC

Monthly Prayer Meeting

Date: 7 April 2017 (२५ चैत्र २०७३)

Day: Friday

Time: 7 am - 8 am

Venue: Central Office, Talchhikhel, Lalitpur

Thank You so much Lord

1. Fruitful staff meeting of Central Office on 3 February 2017.
2. Organizational orientation workshop was successfully conducted for Project Coordinators on 5 February 2017.
3. Fruitful participation of SN staff, Mr. Krishna man Shakya, Mr. Indra Man Shakya, Mr. Lal Prasad Pokharel, Mr. Bishnu Bhatta in Result Based management workshop organized by FELM Nepal on 8-10 February 2017.
4. Fruitful participation of SN staff, Mr. Uttam Rajkarnikar, Mr. Indra Man Shakya, Mr. Lal Prasad pokharel, Mr. Umesh Adhikari and Mr. Manish Shrestha in Project Planning & Budgeting workshop on 26-28 February 2017.
5. Fruitful project monitoring visit of MTI in February 2017.

Prayer Issues

Our Project and Organization

1. Timely completion of SN external annual auditing for 2016.
2. Impact evaluation of Primary Health Care and Resource Center (PHCRC), Chapagaun currently upgraded as Bajrabarahi Community Hospital (BCH) in March.
3. Maternity Building of the BCH has been started from January last week and needs to be completed within next three months
4. Fruitful management committee meeting at Central Office on 6 April 2017.
5. Fruitful Executive Committee meeting on 8 April 2017.
6. SN new interns, Saroj Karki and Kopila Tamang for their new work and responsibility.

Family and Friends

1. Geeta Ruchal, daughter in law of Sharan Ruchal, SN Chairperson, for her good health in pregnancy.
2. Utsav Rajkarnikar, son of Uttam Rajkarnikar for his ongoing S.E.E (Secondary Education Examination).

Nations and our Local Community

1. Let us pray for successful local level election.
2. Let us continue our prayer for peace and stability in this current situation of our country.



Shanti Nepal pleased to welcome our Interns. **Mr. Saroj Karki** as Finance intern & **Ms. Kopila Tamang** as Admin Intern. May God bless them in their learning process, hard work and developing skills.



Please feel free to send us your prayer issues at aa@shantinepal.org.np
If you have any feedback, please drop your message at info@shantinepal.org.np

****THANK YOU****